



## APRIL NEWSLETTER

Dear KPCK Enthusiasts,

On April 13<sup>th</sup> join us at Mound Farm on 449 W. Tompkins Street! There will be a free interactive workshop from 12-2 p.m. on how to care for your own garden, as well as fun activities for kids!

Come donate items to sell and/or buy at Growing Together's yard sale. The clean up sale is on April 20<sup>th</sup> at 820 E. Fifth St. from 7 a.m. to 2 p.m.

### Cooking Classes

The KPCK is offering cooking lessons for affordable, healthy meals. The first class will be offered late April or early May. Only **12 spots** are available, so be sure to RSVP tonight with either Danika Hill or Natalie Donahue!

### Upcoming Dinner Dates:

April 25<sup>th</sup>

May 9<sup>rd</sup>

May 23<sup>th</sup>

Knox is hosting an Earth Day Festival on Saturday, April 27<sup>th</sup> from 1-6 p.m. There will be children's activities, concerts, games, and booths from area businesses and nonprofits that are focused on sustainability. Come celebrate with us!

If you know of any events to advertise, contact Danika Hill (dhill@knox.edu) or Natalie Donahue (nadonahue@knox.edu).

### In Season Produce for April:

- Asparagus
- Onions
- Peas

What is in-season produce? These fruits and vegetables are currently being grown in Illinois. They will be the freshest, healthiest, and often less expensive than other foods grown outside their natural season.